



Talking Dirty: Tongue First!

Recipes from the Mouth of the Thames £8.00

Talking Dirty: Tongue First! Recipes from the Mouth of the Thames, is a commission by Arts Catalyst led by artist Fran Gallardo. *Talking Dirty: Tongue First!* was a series of public events involving local foods, their source, preparation and consumption.

Following this the recipe book was produced in collaboration with the situated knowledge of South Essex people, scientific research and global socio-environmental 'trends'. This book contains instructions for cooking with estuary ingredients: Grey Mullet and Hair Soy sauce, to inhaling Fogs and Airs of the Thames Estuary.

Through introducing local people to ingredients from the Thames in public cooking and tasting workshops in Leigh-on-Sea, they explored environmental and industrial changes including social impacts of these changes.

Alongside these tastings, Andy Freeman led citizen science workshops which investigated the traces of waste disposal on the 'unnatural' nature reserve of Two Tree Island in Leigh-on-Sea with Dr Mark Scrimshaw, Reader in Environmental Chemistry at Brunel University.

Citizen science workshops involved the use of digital technologies to investigate the legacy of generations of industrial use and misuse in the estuary landscape to reflect on wildlife habitats, global effects of climate change, industrialisation, farming, risk and health.

Talking Dirty is part of *Wrecked on The Intertidal Zone*, an art and citizen science project to uncover and highlight local knowledge about the changing ecology, society and industry of the Thames Estuary. Led by artists YoHa, Critical Art Ensemble, Andy Freeman and Fran Gallardo, and curated by Arts Catalyst.

Product Details

Artist(s)	Andy Freeman, Fran Gallardo, YoHa
Author(s)	Fran Gallardo, Claudia Lastra
Editor(s)	Elliot Haworth
Publisher	Arts Catalyst
ISBN	9780992777692
Format	hardback
Pages	52
Illustrations	44 b&w
Dimensions	175mm x 115mm
Weight	110

Publication Date: 1 Sep 2016

Distributed by
 Cornerhouse Publications
 HOME
 2 Tony Wilson Place
 Manchester
 M15 4FN
 England

Enquiries
 +44 (0)161 212 3466 / 3468
 publications@cornerhouse.org

Orders
 +44 (0) 1752 202301
 orders@nbninternational.com

Website
 www.cornerhousepublications.org

Twitter
 @CornerhousePubs