Slow Painting presents the work of 19 primarily British and UK-based artists whose work explores ideas around the concept of 'slowness' and what it might mean in relation to contemporary painting: how it might be present in the making of the work, how the works reveal themselves slowly, and how they fit into the continuum of art history.

Acting as a counterbalance to an increasingly accelerating world, painting offers a space of pause, contemplation and gradual unfurling, for both the painter and the viewer. Spanning diverse approaches, from figuration to abstraction and somewhere in between, Slow Painting surveys painting’s role as a rewarding repository of time.

With an original essay by curator and writer Martin Herbert, this publication also includes a roundtable discussion between a number of the artists and art critic Hettie Judah.

Published to coincide with the Hayward Gallery touring exhibition in 2019-20: at Leeds City Art Gallery (25 October 2019 – 12 January 2020); The Levinsky Gallery, Plymouth (24 January 2020 – 28 March 2020); The Edge and Bath Spa University (10 April – 6 June 2020); Inverness Museum & Art Gallery and Thurso (July – October 2020).