This book is published as part of, *By Our Own Hand* which is a project by Richard Grayson, featuring an introduction by the artist, full-page colour reproductions of 42 embroidered panels, documentation of the creative process, and a specially commissioned essay by writer Jes Fernie. The book has been designed by Phil Baines.

*By Our Own Hand* is an artwork made with the participation of individuals and organisations in Wandsworth. The starting point of the work is a cross-stitch tapestry made by Richard Grayson between Christmas 2012 and Easter 2015.

Working with stitching, appliqué, or other techniques involving textiles and cloth, participants have developed, designed and made individual panels. Brought together these form the component letters of the phrase, ‘Boredom Is Always Counter-Revolutionary’ (originating from a text by writer and filmmaker Guy Debord).

The work references the practice of Italian conceptual artist Alighiero e Boetti’s series of iconic embroideries, produced in the latter part of his career and made by Afghan embroiderers.

The participants are a combination of individual makers and hobbyists, as well as members of community groups. Regular meetings throughout the project have been led by embroiderer and educator James Hunting with Richard Grayson, kindly hosted and supported by the R.O.S.E Community Clubroom, Wandsworth. The project has been managed by Katrina Black.

Published on the occasion of the first exhibition, *By Our Own Hand* (1-3 June 2018) in Matt’s Gallery’s new art space at Nine Elms, London.